**A resource for middle school, high school and beyond.**

**Provided by the Bitterroot Cares for Kids Network, a group of**

**non-profits**

**and**

**community members working together to enhance the lives of the Bitterroot Valley.**

**People:**

**406-532-9149**

**Robots:** [**bcaresforkids@gmail.com**](mailto:bcaresforkids@gmail.com)

**Machines: http://bckn.weebly.com/index.html**

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**Addiction and Substance Abuse:**

**Alcohol, Tobacco and Other Drugs**

***Tobacco Free Ravalli County*** 406-375-6573

215 S. 4th Street, Suite D

Hamilton, MT 59840

Contact: Lyndsay Stover

***Western Montana Addiction Services*** 406-532-9140

209 N 10th Street, Suite C

Hamilton, MT 59840

***AA – Young Persons Alcoholics Anonymous***

***MT Al-Anon and Alateen***

[www.mt.al-anon.alateen.org](http://www.mt.al-anon.alateen.org/district10)

Go to the website above for Ravalli County Groups

In Missoula:

2825 Stockyard Rd. Unit A-10

Missoula, MT 59801

***AA- Alcoholics Anonymous*** Hamilton381-8483406-543-0011 or 406-523-7799

<http://www.aa.org> 1-888-607-2000

***Western MT Mental Health Center*** 406-549-2890 (Press 0)

Adolescent drug and alcohol prevention and intervention education

***WMMHC Adult Services*** 406-532-9700

***Western MT Addiction Services/ Turning Point Substance Abuse Treatment*** 406-532-9800

**After School Programs**

***Corvallis School District*** 406-961-3007

Monday- Friday 3:30 p.m.-5:30 p.m.

Grades 5-12, Focus: Homework, enrichment, tutoring reading, tutoring writing

***Darby School District*** 406-821-3643

Monday –Thursday 3:30 p.m.-5:30 p.m.

The **Xtreme Team** in Darby serves students in grades K-6th as an after-school option.  Students are given a healthy snack, time to complete homework, and an enrichment hour to work with mentors on learning new skills.  Recently mentors have taught students to knit, art, lego robotics, and cooking.

***Hamilton School District*** 406-375-9999

Monday- Friday 3:30 p.m.-5:30 p.m.

***Keystone Discovery After School program*** “Building the Archway to Success”

Grades K-8: Program focuses on enrichment activities, book clubs and homework assistance.  The program has a partnership with MSU Extension providing 4-H enrichment projects led by community volunteer mentors.  These mentors share their skills, experience and knowledge with youth from 10 to 14 years of age to assist with the development of life skills.

***Lone Rock School*** 406-777-3314

Monday-Friday 3:30p-5:30p Wed-2:30p-5:30p

**Excel**  Grades K-8

***MAPS***

[www.mapsmediainstitute.com](http://www.mapsmediainstitute.com)

Media-based learning experience 515 Madison, Hamilton MT 381-7230

***The Flagship Program*** 406- 532-9827

1325 Wyoming Street

Missoula MT 59801

***Boys and Girls Club of Missoula County*** 406-542-3116

617 S Higgins Ave

Missoula, MT 59801

[www.montana.com/boysandgirls/](http://www.montana.com/boysandgirls/)

The Boys and Girls Club (BGC) is a positive, safe place where kids gather after school on weekends and during the summer. The BGC offers three free after - school care programs as well as summer camp sessions for children from low-income families. The BGC also operates a center for teens ages 13 -17 after school and in the evenings where teens find a community of their peers along with

adult-supervised activities and skill building.

**Art and Performing Arts Programs**

***Dance***

***Ballet Bitterroot***  406-961-1818

Located on the corner of Bowman Rd and West River Rd. (just North of Hamilton)

[www.balletbitterroot.com](http://www.balletbitterroot.com)

***Groovz***  406-375.5226

810 S. 1st Street

Hamilton, MT 59840 and in Stevensville

[www.groovzdance.com](http://www.groovzdance.com)

***River Street Dance***  406-363-1203

421 N. 2nd Street

Hamilton, MT 59840

***Sapphire Dance*** 406-777-4400

217 Main St

Stevensville, MT 59870

***Theater and Music***

***Hamilton Players***  406-375-9050

100 Ricketts Rd

Hamilton, MT 59840

[www.hamiltonplayers.com](http://www.hamiltonplayers.com)

***Stevensville Playhouse***  406-777-2722

319 Main Street

Stevensville, MT 59870

[www.stevensvilleplayhouse.org](http://www.stevensvilleplayhouse.org)

***Acapella Society*** 406-363-5778

P.O. Box 1468  
Hamilton, MT 59840

<http://www.mtacappella.com>

***Rooted Music*** Home of the Bitterroot School of Music

100 Skeels Ave. Hamilton 363-5491 [www.rootedmusic.com](http://www.rootedmusic.com) [www.bitterrootschoolofmusic.org](http://www.bitterrootschoolofmusic.org)

**Bullying/Sibling Abuse**

***SAFE***  406-363-4600 Crisis

Supporters of Abuse Free Environments 406-363-2793 Office

<http://www.safeinthebitterroot.org>

***National Coalition Building Institute (NCBI)***

406-243-5776

[www.ncbimissoula.org](http://www.ncbimissoula.org)

[www.ncbi.org](http://www.ncbi.org)

Opi.mt.gov/titleprgms/safeschools/bully.html.

***1-800-runaway and*** [***www.1800runaway.org***](http://www.1800runaway.org)

***Martial Arts Against Bullying*** [www.aimhighma.org](http://www.aimhighma.org)

[***www.TeenLineOnline.org/youth-yellow-pages/bullying***](http://www.TeenLineOnline.org/youth-yellow-pages/bullying) ***310-855-4673***

**Counseling**

**(Also please see the BCKN website (**[**www.bckn.weebly.com**](http://www.bckn.weebly.com) **) for a listing of counselors in The ACES section!)**

***Ravalli County Public Health*** 406-375-6670

215 S 4th Street

Hamilton MT 59840

***Children’s Mental Health Bureau*** 406-444-4545

Address: 111 Sanders Rm 309  
Helena, MT 59601

State mental health services for children under age 18 are administered through the Children’s Mental Health Bureau of the Developmental Services Division of the Montana Department of Public Health and Human Services. Through the Medicaid program, the bureau manages psychiatric services for children.

***Friends To Youth*** 1515 East Broadway Missoula 406-728-2662

Individual, family and group counseling to youth; offers classes in effective parenting;

short term intervention for runaways and their families

***Consumer Direct Care/Full Circle Counseling Solutions***  406-532-1615/ 866-438-8591

100 Consumer Direct Way [www.consumerdirectmt.com/fullcircle](http://www.consumerdirectmt.com/fullcircle)

Missoula, MT 59808 Provides youth counseling services with an emphasis on behavioral health

***Montana Warm Line*** 1-877-688-3377

[www.montanawarmline.org](http://www.montanawarmline.org)

Do you need someone understanding to talk to? The Montana Warm Line is staffed by mental health consultants, ready to listen.

***National Alliance on Mental Illness***

Main: 406- 443-7871 555 Fuller ST Suite 3 Helena, MT [www.namimt.org](http://www.namimt.org)

Fax: (703) 524-9094

Member Services: (888) 999-6264

Helpline: (800) 950-6264

[www.nami.org](http://www.nami.org)

***Please check the phone book for private counselor contact information and be sure to check with your local school counselor as well!***

**Education and Training**

***Bitterroot College of the University of Montana*** 406-375-0100

274 Old Corvallis Road

Hamilton, MT 59840

***Bitterroot School of Cosmetology*** 406-363~3355

2079 B. North First Street

Hamilton, Montana 59840

***Trapper Creek JobCorps*** 406-821-3286

5139 West Fork Road

Darby, MT 59829-5139

***Modern Beauty School Inc*** 406-721-1800

2036 Mullan Rd www.modernbeautyschool.org 406-549-9608 Admissions/Financial Aid

[Missoula](http://montana.careers.org/missoula), [MT](http://montana.careers.org/) 59801

***UM Advocates*** 406-243-5874

Brantly Hall Room 230

[www.umt.edu/sa/umadv](http://www.umt.edu/sa/umadv)

A student-led group to meet needs of students transitioning from High School to college.

***UM Financial Aid***  406-243-5373

Griz Central, Lommasson Center

[www.umt.edu/finaid](http://www.umt.edu/finaid)

***UM Student Assistance Foundation*** 406-243-5426

Griz Central Lomasson Center

[www.safmt.org](http://www.safmt.org)

***Career Services***  406-243-2022

Lomasson Center Room 154

[www.umt.edu/career](http://www.umt.edu/career)

***Missoula College***  406-243-7831

<http://www.cte.umt.edu/>

***Career Services*** – College of Technology 406-243-7884

900 South Avenue West

Missoula, MT

[cotcareers@mso.umt.edu](mailto:cotcareers@mso.umt.edu)

<http://www.umt.edu/career>

***TRIO-Student support services*** 406-243-5032

Trio.SSS@mso.umt.edu

[www.umt.edu/triosss](http://www.umt.edu/triosss)

***Dickenson Life Long Learning Center*** 406-542-4015

310 S. Curtis

Missoula, MT

[www.dllc.montana.com](http://www.dllc.montana.com)

BoostUp is about giving potential graduates at-risk of dropping out the support they need to stay in school and on-track for graduation.

[**www.BoostUp.org**](http://www.BoostUp.org)

**Emergency/Crisis Assistance/Teen Hotlines**

***Life Threatening Emergency***  911

***Ravalli County Suicide Prevention***

www.facebook.com/pages/ravalli-county-suicide-prevention-alliance

Ryan Wetzel Coordinator

406-532-9101 [rwetzel@wmmhc.org](mailto:rwetzel@wmmhc.org)

***SAFE***  406-363-4600 Crisis

Supporters of Abuse Free Environments 406-363-2793 Office

http://www.safeinthebitterroot.org

***Western Montana Mental Health Center*** 406-532-9710

***Alcohol & Treatment 24 Hour Help Line*** 1-800-477-6751

***Child Abuse & Neglect Reporting***  1-866-820-KIDS

***Substance Abuse Treatment & Referral Hotline*** 1-800-662-4357

***National Suicide Prevention Lifeline*** 1-800-273-8255 (TALK)

***National Association for Anorexia Nervosa and Associated Disorders***

[www.anad.org](http://www.anad.org) Hotline – 1-847-831-3438

***The Trevor Project***  Hotline 1-866-488-7386

Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning youth. <http://www.thetrevorproject.org/> THIS SERVICE IS FOR ALL YOUTH

***Your Life Your Voice/Boys Town*** OPEN TO ALL GENDERS Hotline 1-800-448-3000

The Boys Town National Hotline is a toll free number available to kids, teens and young adults at any time. Please contact us if you're depressed, contemplating suicide, being physically or sexually abused, on the run, addicted, threatened by gang violence, fighting with a friend or parent, or if you are faced with an overwhelming challenge. We can provide help and hope.

<http://www.yourlifeyourvoice.org/aboutus/Pages/default.aspx>

**Employment**

***Bitterroot Job Service*** 406-363-1822

274 Old Corvallis Road, Ste D

Hamilton MT

<http://wsd.dli.mt.gov/local/hamilton/>

***Human Resource Council #11*** 406-363-6101 [www.hrcxi.org](http://www.hrcxi.org) ‘Workforce Development Tab

316 N. 3rd Street #114

Hamilton MT 59840

Summer youth employment program for persons aged 14-22 from low- income families.

***Missoula Job Service*** 406-728-7060

529 S. 3rd St. West

Missoula MT

[www.employmissoula.com](http://www.employmissoula.com)

**Food, Clothing and Shelter**

***Haven House Food Bank*** 316 N 3rd St Hamilton MT 406-363-2450 MWF 10-2

***Pantry Partners*** 3614 Alc Way. Stevensville MT 406-777-0351

***Ravalli Habitat for Humanity*** 131 Old Corvallis Rd Hamilton MT 375-1926

***Ravalli County Office of Public Assistance*** 310 N 3rd St. Hamilton MT 406-363-1944

***Ravalli Services Corporation*** 219 Pennsylvania Ave Hamilton 406-363-5400

***Commodity Center*** 215 N 6th St Hamilton MT 406-363-2134

***WIC*** (Women, Infants and Children) 205 Bedford Suite O Hamilton MT 406-375-6685 (also located in Stevensville, Darby and Victor)

**Health and Fitness**

***Ravalli County Public Health*** 406-375-6670

215 S 4th Street

Hamilton MT 59840

<http://rc.mt.gov/publichealth/nursing.mcpx>

Immunizations – Family Planning – Communicable Disease Follow Up – Blood Pressure – Sexually Transmitted Infection Counseling and Screening – Referrals – Flu Clinics – Hepatitis Testing

Offers a sliding fee scale on most services. Accepts Healthy Montana Kids Plus (Medicaid), Montana Healthy Kids (the State CHIP program), and most private health Insurance.  Payment arrangements available if you cannot pay in full at the time of service. All services are confidential.

***Missoula City/County Health Department*** 406-258-4986

301 W. Alder

Missoula MT 59802

<http://www.co.missoula.mt.us/health/default.htm>

Provides informational brochures and community talks on issues such as AIDS, tobacco use, traffic safety, sexually transmitted diseases, other communicable diseases, etc.

***Missoula Indian Center*** 406-829-9515

Provides out-patient services, alcohol and other drug counseling, prevention services, anger management and Positive Parenting (for ALL RACES)

***Western Montana Mental Health Center*** 406-532-9700 Hotline: 532-9710

Children’s Case Management: 532-9770

Carol Graham Home: 549-8309

**Housing/Homelessness/Runaway/PushOuts**

***Bitterroot Youth Homes*** 406-363-0619

196 Providence Way

Hamilton, MT 59840

***Friends To Youth*** 406-728-2662

Individual, family and group counseling to youth; offers classes in effective parenting; short term intervention for runaways and their families

***National Runaway Safe Line and Resources*** 1-800-runaway www.1800runaway.org

**Leadership Programs**

***B.E.A.R.*** 406-363-5410

310 North 4th Street

Hamilton, MT 59840

<http://www.bearoutdooradventures.com>

Inspiring area youth to connect to their own potential, their community, and the landscape through experiential and outdoor adventure programs

***Key Club***

[www.bitterrootvalleykiwanis.org](http://www.bitterrootvalleykiwanis.org)

***MSU/Ravalli County Extension*** 406-375-6611

Ravalli County 4-H Program

215 S. 4th Street

Hamilton, MT 59840

The Ravalli County 4-H program is the youth development program of Montana State University Extension.  It provides non-bias, researched based information to help Montanans thrive.

***YMCA - Missoula***  406-721-9622

Programs for youth: Teen Theater, dances, summer day camp, Teen Leadership, etc. [www.ymca.missoula.org](http://www.ymca.missoula.org)

**Legal Services**

**Need a copy of your birth certificate?**

**Have questions about a legal issue (divorce, custody, etc.)?**

***Bitterroot CASA*** 406-961-4535  
127 W. Main St., Suite D  
Hamilton, MT 59840  
<http://www.bitterrootcasa.org>

Bitterroot CASA is dedicated to the safety, well-being, and best interests of the children in the Dependency System of Ravalli County. Through a comprehensive program we work to ensure children's needs are being met. Advocates take a stand for abused children, giving them a chance at a brighter future.

***Ravalli County Clerk and Recorder*** 406-375-6555

215 S. 4th Street, Suite C

Hamilton MT 59840

<http://rc.mt.gov/clerkrecorder/default.mcpx>

Source for official birth records and many other documents

***Court Appointed Special Advocate (CASA)*** 406-542-1209

415 N. Higgins Ave

Missoula MT

<http://www.casagal.org/>

***Montana Legal Services Family Law Clinic*** 406-728-8681

304 N. Higgins

Missoula MT 59801

**Libraries**

Programs for all ages; internet access and computer stations; Check calendar of events for classes, meetings and public discussions.

***Bitterroot Public Library*** 406-363-1670

306 State Street

Hamilton, MT 59840

<http://www.bitterrootpubliclibrary.org/>

Hours: Mon, Thurs 10 am-6 pm; Tues, Wed 10 am-8 pm; Fri, Sat 10 am-5 pm

***Darby Community Public Library***  406-821-4771

101 1/2 South Marshall Street  
Darby, MT 59829  
[www.darbylibrary.net](http://www.darbylibrary.net)

Hours: Mon, Thurs, Fri 10 am-6 pm; Tues 10 am-7 pm; Sat 10 am-2 pm

***North Valley Public Library***  406-777-5061  
208 Main Street  
Stevensville, MT 59870

<http://northvalleylibrary.org/>

Hours: Mon, Thurs, Fri Noon-7 pm; Tues, Wed 10 am-7 pm; Sat 10 am-5 pm

***Missoula Public Library*** 406-721-2665

301 E. Main

Missoula, MT

www.missoula.lib.mt.us

**Mentoring**

***4-H Mentoring Program*** 406-375-6610

MSU Ravalli County Extension – 4H Mentoring Partnership

215 South 4th Street

Hamilton, MT 59840

Mentoring program partners with Hamilton, Corvallis, Darby After School Programs and other interested partner sites who are eligible to mentor youth with an emphasis on ages 10 to 14.  Other youth may be eligible for the program upon inquiry. In this partnership MSU/Ravalli Extension provides 4-H enrichment projects led by community volunteer mentors at partner sites.  These mentors share their skills, experience and knowledge with youth from 10 to 14 years of age to assist with the development of life skills. Additionally mentors may assist with homework and in the achievement of academic proficiency.

***B.E.A.R.*** 406-363-5410

310 North 4th Street

Hamilton, MT 59840

The programs at B.E.A.R. are focused on empowering youth and broadening their horizons through mentoring activities that incorporate the benefits of being outdoors. The Bitterroot Venture program has three groups for youth 10-17 years old, who meet regularly throughout the year: Venture O.U.T., K.O.R.E., and Sk8 Montana. B.E.A.R. also offers site specific outdoor education, teamwork and leadership activities, and field trips.

***Adult Basic and Literacy Education Services / Literacy Volunteers of America -- Bitterroot***

316 N 3rd St 406-363-2900

Hamilton, MT 59840

This program provides free, confidential instruction to enable Ravalli County adults (16+) to become literate or complete high school equivalency requirements. The program assists students in gaining basic skills in reading, writing, or math, and to set goals for one of four outcomes: high school completions (GED), enter post-secondary education or training, gain employment, and retain employment.

***Local Living Family Center / WORD*** 406-543-3550

2405 Macintosh Loop

Missoula, MT 59833

The Local Living Family Center works to strengthen networks of support for families, to strengthen family and community knowledge of child abuse prevention, and to strengthen leadership abilities in parents and community members so that they may advocate effectively for children.

**Military Opportunities**

***Army ROTC Program*** 406-243-2769

At U of M: Schreiber 118

***Montana National Guard*** 406-531-8595

Dept of Military Science

102 Schreiber Gym

Missoula MT 59812

***U.S. Air Force Recruiting Office*** 406-721-5037

2700 Paxson Plaza, Suite 1

Missoula MT 59801

[www.Airforce.com](http://www.Airforce.com)

***U.S. Army Recruiting Office*** 406-728-5024

2700 Paxson Plaza, Suite 1

Missoula MT 59801

[www.goarmy.com](http://www.goarmy.com)

***U.S. Navy Recruiting Office*** 406-549-7586

2700 Paxson Plaza, Suite 1

Missoula MT 59801

[www.navy.com](http://www.navy.com)

***U.S. Marine Corps Recruiting Office*** 406-549-7516

2700 Paxson Plaza, Suite 1

Missoula MT 59801

[www.marines.com](http://www.navy.com)

**Money and Financial Aid**

***Rural Montana Saves Program***

*Ravalli Federal Credit Union* 406-363-4631

The Rural MontanaSaves Program is dedicated to helping participants save for and enter post-secondary education programs (such as attending college or university or job-training) in fields that will assist them in gaining higher wage employment. The Rural Montana Saves Program will offer a 3:1 savings match, meaning that for every dollar a participant saves as part of the program, he or she will be eligible to receive another three dollars.

***Bitterroot Financial Education Coalition***

*MSU/Ravalli County Extension* 406-375-6611 or Bitter Root RC&D 406-363-5450

The Bitterroot Financial Education Coalition (BFEC) is a partnership of Ravalli County organizations working to improve lives and strengthen our community by providing access to financial education that prepares individuals for life-long success in problem solving, decision making, and personal financial competence.

***Workforce Investment Act Youth Program***

*Linda Valentine* 406-363-6101 ext. 236

We are more than just a work program. Our objective is to provide eligible low-income youth (ages 14-21) with assistance in completing their educational goals and/or job training.

**Parenting, Pregnancy and Child Care**

***CHILD CARE***

There are many private child care centers in Ravalli County…please check the Yellow Pages under Child Care Services. When considering child care check out the following (from the MT Dept of Health and Human Services):

* Is the facility licensed or registered by the State of Montana?
* Does the caregiver seem warm and friendly? Does he or she seem to enjoy children?
* Is the caregiver knowledgeable about children’s emotional and physical development?
* Does the caregiver serve nutritious meals and snacks?
* Does the caregiver plan age-appropriate activities?
* Does the home or facility employ appropriate safety measures?
* Does the caregiver respect your family and cultural values?

*Corvallis State-Approved Facility*

Bitterroot Early Learning Center 1065 Teftt St 961-0123

*Florence State-Approved Facility*

KB’s Horse In Around Child Care 5811 Hwy 93 North 207-3991

*Hamilton State-Approved Facilities*

Hamilton Academy of Early Learning 103 Lyndale, 375-2581

Glenna Billet / Loving Hands Childcare 301 Bailey Ave 363-7992

Grace Lutheran Learning Center 275 Hattie Lane 363-7563

Precious Moments Child Care 1114 Main St 363-7716

Ravalli Early Head Start 81 Kurtz Lane 363-1217

Sonshine Preschool & Daycare 165 White Birch Lane 363-3439

Susan Boyle/Kid Country Daycare 459 Skalkaho 363-5698

*Stevensville State-Approved facilities*

Leaps and Bounds Learning Center 97 Main St 777-3707

*Victor State-Approved Facility*

Penny’s Playpen 420 4th Ave 642-6616

***PARENTING INFO AND CLASSES***

Bright Beginnings Parenting Program Free w/free workbook!

[www.bckn.weebly.com](http://www.bckn.weebly.com) (The ‘More’ Tab!)

Families First 406-721-7690

227 ½ W. Front St

Missoula MT

[www.familiesfirstmontana.org](http://www.familiesfirstmontana.org)

[www.onlineparentclass.com](http://www.onlineparentclass.com) Classes $95 and up

[www.online-class-parenting-divorce.com](http://www.online-class-parenting-divorce.com) Classes $45 and up

[www.familyaffairs.org](http://www.familyaffairs.org) Classes $39 and up

[www.OneToughJob.org](http://www.OneToughJob.org) Free Parenting Information

[www.childconductclinic.yale.edu](http://www.childconductclinic.yale.edu) Free Parenting Information

<http://www.centerforparentingeducation.org>

***PREGNANCY***

***WIC*** (Women, Infants and Children) 205 Bedford Suite O Hamilton MT 406-375-6685 (also located in Stevensville, Darby and Victor)

***Birthright of the Bitterroot*** Faith - Based 406-363-6710  
259 Van Blaricom St

Hamilton, MT 59840

***Ravalli County Public Health Nursing*** 406-375-6670

215 S. 4th Street

Hamilton, MT 59840

Emergency contraception available; 16 and older complete confidentiality

***Adolescent Pregnancy and Parenting Program*** 406-258-4750

Missoula County Health Department

301 W. Alder, Missoula, MT

<http://www.co.missoula.mt.us/Health/>

***Blue Mountain Clinic*** 406-721-1646

***Option Line*** – Faith-Based 1-800-712-HELP

***Catholic Social Services of Montana*** 406-728-5429 Missoula

Faith-Based, Anonymous Support/counseling 800-222-9383

***Care Net Pregnancy Support Center of Missoula*** 406-549-0406

Faith-Based, free services

***Families First***  406-721-7690

www.familiesfirstmt.com

Parenting classes, individual consultations on a sliding fee scale, Single Parent Support Group

***Forum for Children & Youth*** 406-523-2798

Home of MUSAP, Healthy Start Coalition, Youth Development Coalition

***Friends To Youth*** 406-728-2662

Individual, family and group counseling to youth; offers classes in effective parenting; short term intervention for runaways and their families

***Lutheran Social Services***  406-549-0147 Faith-Based

1515 Fairview, Suite 230

Missoula, MT 59801

[www.lssmt.org](http://www.lssmt.org)

Faith Based; Lutheran Social Services of Montana is committed to bringing hope and help to those in need. Our services include adoption and unplanned pregnancy counseling and consultation services.

***Planned Parenthood of Montana*** 406-728-5490

219 E Main St, Missoula

***Planned Parenthood Federation of America*** 1-800-230-PLAN

Will transfer you to the Local Planned Parenthood office

***OTHER FAMILY RESOURCES***

***The Parenting Place – Missoula***  406-728-5437

Parenting classes; support group and telephone assistance for any parent needing support or guidance with parenting issues, such as: discipline techniques, anger and stress management, communication skills, self- esteem, etc. Parent Aid Program.

***YWCA Children’s Program***  406-542-1944

1130 West Broadway

Missoula, MT

[www.ywca.org](http://www.ywca.org)

***Teen Family Resource Center*** 406-542-4900

1861 S. 12th W. – Church Basement

Missoula, MT

<http://old.wordinc.org/futures/tfrc.php>

**Rape, Sexual Assault and Domestic Violence**

**Are you or someone you know confused or concerned about sexual assault, rape or domestic violence? Need advice or have questions? Need to report something you have seen?**

***SAFE***  406-363-4600 Crisis

Supporters of Abuse Free Environments 406-363-2793 Office

150 Morning Star Way

Hamilton, MT 59840

<http://www.safeinthebitterroot.org>

Provides crisis hotline, emergency shelter, transitional housing, outreach and support groups

***Emma’s House***  406-363-7216

800 North 2nd Street

Hamilton, MT 59840

**At Emma's House our primary concern is a child's safety. We work together to ensure that children feel safe and comfortable. We strive to reduce trauma and promote healing for children and their families.**

***Family Violence Council*** 406-543-6691 www.facebook.com/pages/missoula.family.violence.council

An organization of citizens and other agencies concerned with family violence issues. Provides education and public awareness; investigates complaints of agencies and personnel who respond to family violence.

***YWCA Pathways*** 406-542-1944 Crisis Line

1130 W. Broadway 406-543-6691 Office  
Missoula, MT 59802[www.ywcaofmissoula.org](http://www.ywcaofmissoula.org)

Domestic & Sexual Violence Program; emergency shelter for domestic violence victims and their children; peer counseling, professional counseling and support groups.

**Recreation/Sports**

***Bitterroot Aquatic Center***  406-375-8200

59 Kurtz Ln

Hamilton, MT 59840

***Canyons Athletic Club***  406-363-1555

472 Tammany Ln

Hamilton, MT 59840

***Corvallis Baseball***

<http://corvallisbaseball.org/>

Youth baseball programs

***Iron Horse Athletic Club*** 406-363-0300

99 Marcus St.

Hamilton MT 59840

***Ravalli Sports Club***

PO Box 2001

Hamilton, MT 59840

[rsc@ravallisc.org](mailto:rsc@ravallisc.org)

Youth Soccer Programs

***Simple Yoga***

100 Skeels Hamilton MT 360-9542

***Lyndi’s Fitness Center***  406-777-7173

4071 Eastside Hwy

Stevensville,MT

***Missoula Parks and Recreation***  406-552-6277

100 Hickory St.

Missoula, MT 59801

***MOLA* (Missoula Outdoor Learning Adventures)** 406-240-2458

1304 Jackson Street

Missoula, MT 59802

***Summer Camp Information***

http://bckn.weebly.com/summer-camps-2013.html

**Social Services**

***Child and Family Services-Ravalli***  406-363-1961

108 Pinckney Street

Hamilton MT 59840

***A.W.A.R.E***  406-543-2202

1055 W. Sussex

Missoula MT 59801

[www.aware-inc.org](http://www.aware-inc.org)

Provides community-based services to persons with challenging mental, emotional or physical needs who would otherwise be served in a restrictive setting or perhaps not be served at all.

***Casey Foundation***  406-543-2890

www.caseyfamilyprograms.org

Long-term foster care

***Lutheran Social Services***  406-549-0147

1515 Fairview, Suite 230

Missoula, MT 59801

[www.lssmt.org](http://www.lssmt.org)

Lutheran Social Services of Montana is committed to bringing hope and help to those in need. Our services include adoption and unplanned pregnancy counseling and consultation services, refugee resettlement and disaster relief.

**Support Groups**

***ALANON*** (See Addictions section for more!) 406-721-5818 - Missoula

Support group for adults who are affected by someone else’s addiction

***Single Parent Support Group*** 406-721-7690

***Teen Support Group*** 406-523-4029

Boys and Girls Club

617 S. Higgins Ave.

Missoula, MT 59801

**Sexual Orientation Support**

***PFLAG – Parents, Families and Friends of Lesbians and Gays***

PO Box 202 406-363-7656

Hamilton, MT

Email [PFLAGHamiltonBitterroot@yahoo.com](mailto:PFLAGHamiltonBitterroot@yahoo.com)

Website <http://pflaghamiltonbitterroot.org/>

Facebook: <https://www.facebook.com/PFLAGHamiltonBitterroot>

***Montana Gay and Lesbian Community Center*** 406-544-4500 or 543-2224

615 Oak St.

Missoula MT 59801

***The Center/Youth Forward*** 127 N. Higgins #202 Missoula 59802 406-532-2224

<http://www.gaymontana.org/groups/GendAlli.html> The Western Montana Community Center is an open affirming environment for peoples of all sexual orientations and gender identity expressions. We empower our community through education, advocacy, and collaborative networking. We strive to be Western Montana’s voice for the LGBTIQ community and allies. Check out the calendar for support groups and info

***Hellgate Gay Straight Alliance (GSA)*** 406-728-2402

Big Sky GSA 406-728-2401 ext 8631

***The Trevor Project Open To All Youth*** Hotline 1-866-488-7386

<http://www.thetrevorproject.org/>

Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning youth.

**Transportation**

Bus, Car, Bikes and Driver’s License

***Bitterroot Bus*** 406-363-7484

310 Old Corvallis Rd

Hamilton, MT 59840

***Department of Motor Vehicles – Ravalli County*** 406-375-6585

215 S 4th St, Suite H

Hamilton, MT 59840

Vehicle Titles, Licensing and Registration

***Drivers License/Driver Exam Station*** 406-777-4388

102 Main St # A

Stevensville, MT 59870  
>Call for hours and drive test scheduling

***Driver Education Courses***

Contact your local public school for information

***Free Cycles Missoula*** 406-541-7284 (PATH)

732 South First Street West

Missoula, MT

**Volunteer Opportunities/Community Service**

***MSU Ravalli County Extension*** 406-375-6611

Adult Leadership and Volunteer Program

215 South 4th Street Suite G

Hamilton, MT 59840

Katelyn Andersen, Extension Agent Email: [katelyna@montana.edu](mailto:katelyna@montana.edu)

Learn about volunteering opportunities with 4-H, a youth development program that teaches young people leadership, citizenship, and life skills. Youth who participate in 4-H are more likely than their peers to: Excel academically and pursue higher levels of education, Make healthier choices, and avoid drugs and alcohol abuse, and Contribute to their communities.  4-H offers research based programming, developed by the universities of our national Cooperative Extension System.

***Habitat for Humanity*** 406-375-1926

PO Box 2221

Hamilton, MT 59840

***Ravalli County Fairgrounds*** 406-363-3411

100 Old Corvallis Road

Hamilton, MT 59840

***Haven House Food Bank***  406-363-2450

316 N Third St, Suite 162

Hamilton, MT 59840

Haven House is a volunteer-staffed food bank that provides a once monthly supply of food, anticipated to last clients 4-5 days. In addition, bread, milk, and fresh produce are available weekly.

***Bitteroot Humane Association***

262 Fairgrounds Rd Hamilton 363-5311

***Hamilton Players Theater***

[www.hamiltonplayers.com](http://www.hamiltonplayers.com)

Always looking for volunteers as performers, technicians, house staff, etc!

***>Also be sure to check with your church or other local churches, local thrift stores, the library and others for possible volunteer opportunities***

***The Bitterroot Cares for Kids Network***

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***Our Continuing Mission:***

***“The Bitterroot Cares for Kids Network, a primary prevention network, connects all kids and families with resources that help them to thrive and be happy.”***

***Some of our members:***

 ****** ***Family and Children***

**Tobacco Free Ravalli**

***Counseling Services***

***Corvallis After School Program***



**WESTERN MONTANA ADDICTION SERVICES RAVALLI**

MC900022392[1] **Prevention Program**